

## Ann's Creative Corner

### Project #602: Food Booklets

- Fold Two pieces of construction paper in half.
- Staple them together in a booklet format
- Place a label or print on the on the front page of the booklet which could read as "Look what I Tried"
- Give children some magazine pictures of foods of various kinds to glue into their booklet. Glue sticks are best for this and make sure each page is dry before turning to a new page otherwise it will stick the pages together. A little glue onto the actual picture and then placed into a booklet will work the best.
- If you like, you may find pre-drawn templates of foods to cut out and glue into your booklets.
- Colour the template prints if you choose.
- Add some real photos of your own garden in another thought.

### Circle Time Activity: Matching foods to categories.

Have the various food groups such as grains, fruits and vegetables, meat and meat products and dairy to discuss. Supply children with various pictures of food. This could be a matching game where you ask the child which category the food item they have will go into.

