

## Ann's Creative Corner

### Project #591: Bean Bag Fun!

- Create your own bean bags by cutting two squares of felt fabric and then stitching 3 sides together. This may be done by an adult or older children on a machine stitch. For older children, there may be a beginner sewing machine.
- If you would like to decorate this Bag shape, add some felt pieces or drawings to it with permanent markers. Fabric paint may also be squeezed onto this in minimal amounts and let dry!!
- Once you have the pocket made, the children or Toddlers may place some beads inside, large beads are great for this but must be well supervised with Toddlers and younger children.
- Add some Foam Chips to this to make a soft feel. This also helps the children to Balance the Bean Bag while tossing it or placing it on their head. It is light weight as well!
- When the bean bag is filled with your choice of items, it is time to sew it closed.
- An Adult or older child may do this!

**Activities:** There are many Bean Bag action Songs that you may find online or on our Facebook page. Please refer to the South Vancouver Facebook page for some items. Some Ideas are:

- Making Friends with a bean bag. (music)
- Bean bag parade. (music)
- Bean bag Rock. (music)
- Tossing Activities..... buckets too!

