

Ann's Creative Corner

Project #544: Sack Making and Jumping!

- With an old pillow case try adding some details to this by having the children use felt markers to add what they like.
- Cloth recycle bags could also be used for this. They often have handles for the children to hold onto!
- This could be their name or any other thing they would like to draw.
- Fabric paint could also be used on the pillowcase.
- Simply squirt it in any way you like and let it dry completely.
- You also may like to use Acrylic paint with which the children could paint with brushes.
- Try splatter painting with the Acrylic paint. When the paint dries it should be permanent!
- Think of some trims for the edges that could enhance this.
- Some non toxic liquid white glue can be used to stick fabric pieces onto the edges such as tassels!
- Shiny trims are always nice.
- For the older children Sewing some sequins on would be nice.

Activity: Sack jumping and/or racing! Place your feet into the sack and pull it up as far as it goes. Hold on and jump moving forward, backwards, sideways or just up and down. Play some music such as “Kangaroos Hopping” or Jump up, Jump down”.

